A Year in the New Testament and Psalms

We believe when we open the Bible, we hold in our hands extraordinary life. We believe that in every season, from the valleys to the hilltop moments, the scriptures sustain us daily. Contained in its pages are words that set people free and teach us how to live the unforced rhythms of grace that humanity was always created for.

So as we stand at the start of a New Year, we extend a simple invitation to join us as we read through the New Testament and pray through the Psalms together each day. Our hope is to journey through the text as family, grappling with the same passages, asking questions and being drawn into daily encounters with Jesus. Our intent is to set aside time each day to immerse ourselves in the text so we might live out the story of God in our city. When the alarm clock goes off, before we turn on the phones, get the download of emails, reply to texts, or check social media, we want to carve out space to breathe in the truth of what God says over us, letting His voice be the most formative in our lives. Rather than eating the bread of anxious toil as the Psalmist says, we want to eat the bread that truly satisfies.

Imagine if, for 365 days, we were all feasting on the story of Jesus who declared himself "the bread of life." Not only would it allow us to operate out of a place of joy and rest each day, but it would also form us into his likeness, enabling us to become agents of kingdom renewal in the places we live, work, and spend our time. We would become, as the Psalmist says, like a tree planted by streams of living water, sustained by the presence of God, providing shade to a weary city and producing fruit that speaks of a better story.

So let's open up the scriptures together. Let's devour it, devote our day to God, and press on expecting to be changed, challenged and transformed as we live in and live out the story of God together today.

"Praying through the Psalms" is a Christian spiritual practice hundreds of years old. The Psalms contain within it the rich tapestry of what it means to be human, to feel joy, disappointment, anger, grief and so much more. As we take in the display, the psalmists model for us how to express the rawness of our hearts to God in prayer. To pray through a psalm isn't just to read the psalm, but to notice the emotion held within the verses and allow the psalmist's words to become your own prayer. Perhaps the psalmist's cries resonate with your own heart. Then, allow the truth of who God is to orient your heart towards Him again.

The Psalms contain within it the rich tapestry of what it means to be human, to feel joy, disappointment, anger, grief and so much more.

Bread - The New Testament

Rather than racing through the New Testament text each day, we're going to use an acronym to help us slow down and delve deeper into the passage. Each day we'll be following the pattern B.R.E.A.D.

Be still - Find a place where you can encounter God, ask him to fill the space. Take a minute in stillness, fix your eyes on Jesus and invite the Holy Spirit to guide your time.

Read - Read through the passages for the day. If there's a QR code on the page, scan it to follow the link to a short video explaining the context of the passage. Then, look for one verse that stands out or interests you. Write out that verse in the 'read' section.

Encounter - Take your chosen verse and meditate on it. What comes to mind and how does it make you feel as you read it? What do you think God is trying to reveal through this verse? Allow him to speak to you. Write a short reflection on what you think He might be saying.

Apply - Now turn your focus outward. Think about how you might apply this to your day and write down how you're going to try to live this out.

Devote - Finally, close each day by writing a simple prayer of devotion to God. Ask that God would fill you afresh and commit your day to Him.

QR Code

On some days there is a short video to watch alongside the readings. These days have a QR code at the top of the page. Open the camera on your phone and simply hover over the QR code and click the link that pops up. This will lead you to a video designed to help provide historical context, an overview of the book of the Bible, or content for that specific text or topic of the day. This may add anywhere from 2-10 additional minutes to your time but we believe it will be well worth it.

Day entry example

BREAD
Be Still
BE STILL
And whoever does not carry their cross and follow me cannot be my
díscíple Luke 14:27
E The way each disciple carries their cross will look different. The life of
a díscíple wíll always carry the same Spírít as their rabbí. It was Jesus' love
that sent him to the carry the cross, not despair. Love will be the root of every
dísciple's journey of faith. Following Jesus will always require a measure of
sacrifice. Sacrificial love is the mark of a disciple.
A What is God calling me to sacrifice in order to follow Him more closely?
It is easy to default to comfort and my preference for ease in life. I know
Jesus' life had both joy and pain, comfort and tension. Today 1 choose to
pause and pray before just going through the motions so I can invite You
ínto every decision.
D Father, I devotie this day to you. I ask you to teach me, lead me and guide
me through every part of this day. God give me the courage to make decisions
that might feel hard, even and especially those that might feel like a sacrifice.
Jesus, I want my life to look like yours and I desire to be obedient in everything
l do. Thank you for your help today, Holy Spirit, please give me courage and
wisdom. Amen.



В	R	Α	D

Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JAN 02 Psalm 2 Matthew 1



BREAD				
Be Still ——	→ Read —	— Encounter —	— Apply —	→ Devote

JAN 03 Psalm 3 Matthew 2

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JAN 04 Psalm 4 Matthew 3

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JAN 05 Psalm 5 Matthew 4

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD				
Be Still ——	→ Read —	— Encounter —	→ Apply -	→ Devote

B R E A D				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

JAN 08 Psalm 8 Matthew 6

B R E A D				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

JAN 09 Psalm 9 Matthew 7

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JAN 10 Psalm 10 Matthew 8

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

BREAD				
Be Still —	→ Read	Encounter	Apply	→ Devote

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

BREAD				
Be Still ——	→ Read —	Encounter	— → Apply —	→ Devote

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

JAN 15 Psalm 15 Matthew 11

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

BREAD			
Be Still —	→ Read	→ Encounter	 → Devote

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

Psalm 19

D D E 4 D		
BREAD		
Be Still Read	→ Encounter —	→ Apply → Devote

BREAD			
Be Still —	→ Read	→ Encounter	 → Devote

BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	— Encounter —	Apply	→ Devote

BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote

JAN 25 Psalm 23 Matthew 17

BREAD	1			
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	→ Encounter —	— Apply —	→ Devote

BREAD	1			
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	— Encounter —	Apply	→ Devote

BREAD	1			
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	→ Encounter -	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	→ Encounter -	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote

BREAD			
Be Still —	→ Read	→ Encounter	 → Devote

	B R E A D				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

BREAD				
Be Still —	Read	→ Encounter	Apply	→ Devote

BREAD				
Be Still —	→ Read -	→ Encounter	— Apply —	→ Devote

BREAD			
Be Still —	→ Read	Encounter	 Devote

	B R E A D				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	—→ Encounter —	→ Apply —	→ Devote	

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

	B R E A D				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	—→ Encounter —	→ Apply —	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

FEB 16 Psalm 42 Matthew 28

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

FEB 17 Psalm 43 Mark 1:1-20



BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

FEB 19 Psalm 45 Mark 2

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

FEB 20 Psalm 46 Mark 3

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

FEB 21 Psalm 47 Mark 4:1-20

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

FEB 22 Psalm 48 Mark 4:21-41

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

FEB 23 Psalm 49 Mark 5:1-20

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

FEB 24 Psalm 50 Mark 5:21-43

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

FEB 25 Psalm 51 Mark 6:1-29

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

FEB 26 Psalm 52 Mark 6:30-56

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

FEB 27 Psalm 53 Mark 7:1-13

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

FEB 28 Psalm 54 Mark 7:14-37

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

MAR 01 Psalm 55 Mark 8:1-21

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

MAR 02 Psalm 56 Mark 8:22-38

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

MAR 03 Psalm 57 Mark 9:1-29

BREAD			
Be Still —	→ Read	→ Encounter	 → Devote

MAR 04 Psalm 58 Mark 9:30-50

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

MAR 05 Psalm 59 Mark 10:1-31

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

MAR 06 Psalm 60 Mark 10:32-52

BREAD			
Be Still —	→ Read	Encounter	 Devote

MAR 07 Psalm 61 Mark 11:1-19

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

MAR 08 Psalm 62 Mark 11:20-33

BREAD			
Be Still —	→ Read	→ Encounter	 → Devote

MAR 09 Psalm 63 Mark 12:1-27

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

MAR 10 Psalm 64 Mark 12:28-44

BREAD			
Be Still —	→ Read	Encounter	 → Devote

MAR 11 Psalm 65 Mark 13:1-13

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

MAR 12 Psalm 66 Mark 13:14-37

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

MAR 13 Psalm 67 Mark 14:1-25

BREAD			
Be Still —	→ Read	Encounter	 → Devote

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

BREAD				
Be Still —	→ Read -	—→ Encounter —	→ Apply —	→ Devote

BREAD				
Be Still —	→ Read -	—→ Encounter —	→ Apply —	→ Devote

BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote

MAR 18 Psalm 70 Mark 16

BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote

MAR 19 Psalm 71 Luke 1:1-25



BREAD				■粉粉 ■
Be Still ——	→ Read —	— Encounter —	→ Apply -	→ Devote

MAR 20 Psalm 72 Luke 1:26-56

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

MAR 21 Psalm 73 Luke 1:57-80

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

MAR 22 Psalm 74 Luke 2

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

MAR 23 Psalm 75 Luke 3

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

MAR 24 Psalm 76 Luke 4:1-30

BREAD			
Be Still —	→ Read	→ Encounter	 → Devote

MAR 25 Psalm 77 Luke 4:31-44

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

MAR 26 Psalm 78: 1-8 Luke 5:1-16

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

BREAD				
Be Still ——	→ Read	—→ Encounter —	— → Apply —	→ Devote

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

MAR 29 Psalm 79 Luke 6:27-49

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

MAR 30 Psalm 80 Luke 7:1-30

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

MAR 31 Psalm 81 Luke 7:31-50

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 01 Psalm 82 Luke 8:1-21

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

APR 02 Psalm 83 Luke 8:22-56

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 03 Psalm 84 Luke 9:1-36

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

APR 04 Psalm 85 Luke 9:37-62

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 05 Psalm 86 Luke 10:1-24



BREAD			回激强同
Be Still ——	→ Read —	→ Encounter	 → Devote

APR 06 Psalm 87 Luke 10:25-42

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

APR 07 Psalm 88 Luke 11:1-28

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD				
Be Still —	—→ Read —	— Encounter —	→ Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

APR 10 Psalm 90 Luke 12:35-59

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

APR 11 Psalm 91 Luke 13:1-21

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

APR 12 Psalm 92 Luke 13:22-35

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

APR 13 Psalm 93 Luke 14:1-24

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 14 Psalm 94 Luke 14:25-35

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

APR 15 Psalm 95 Luke 15:1-10

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

APR 16 Psalm 96 Luke 15:11-32

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 17 Psalm 97 Luke 16:1-18

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 18 Psalm 98 Luke 16:19-31

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply —	→ Devote

APR 19 Psalm 99 Luke 17:1-19

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 20 Psalm 100 Luke 17:20-37

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 21 Psalm 101 Luke 18:1-17

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 22 Psalm 102 Luke 18:18-43

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 23 Psalm 103 Luke 19:1-27

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 24 Psalm 104 Luke 19:28-48

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 25 Psalm 105 Luke 20:1-26

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 28 Psalm 107 Luke 21:20-38

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 29 Psalm 108 Luke 22:1-30

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

APR 30 Psalm 109 Luke 22:31-53

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD	•			
Be Still —	→ Read	— Encounter —	Apply	→ Devote

MAY 03 Psalm 112 Luke 23:26-56

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

MAY 04 Psalm 113 Luke 24:1-35

BREAD			
Be Still —	→ Read	→ Encounter	 → Devote

MAY 05 Psalm 114 Luke 24:36-53

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

MAY 06 Psalm 115 John 1:1-28



BREAD				
	→ Read —	→ Encounter	—→ Apply —	→ Devote

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

MAY 08 Psalm 117 John 2

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

MAY 09 Psalm 118 John 3:1-21

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

Re Still	→ Read	→ Encounter	→ Annly -	
DC Ottil	ricad	Liteouritei	Арріу	Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD				
Be Still ——	→ Read	→ Encounter —	→ Apply -	→ Devote

	BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

	BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

	B R E A D				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD				
Be Still ——	→ Read	— Encounter —	— Apply —	→ Devote



BREAD $\textit{Be Still} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Read} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Encounter} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Apply} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Devote}$

JUN 02 Psalm 121 John 13:21-38

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUN 03 Psalm 122 John 14

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JUN 04 Psalm 123 John 15

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JUN 05 Psalm 124 John 16:1-15

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUN 06 Psalm 125 John 16:16-33

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

JUN 07 Psalm 126 John 17

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JUN 08 Psalm 127 John 18:1-24

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

JUN 10 Psalm 129 John 19:1-22

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

JUN 11 Psalm 130 John 19:23-42

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUN 12 Psalm 131 John 20

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUN 13 Psalm 132 John 21

BREAD	•			
Be Still —	→ Read	— Encounter —	Apply	→ Devote

JUN 14 Psalm 133 Acts 1



BREAD				
Be Still —	→ Read	→ Encounter	—— Apply —	→ Devote

JUN 15 Psalm 134 Acts 2:1-13

BREAD				
Be Still	→ Read	→ Encounter -	→ Apply -	→ Devote

JUN 16 Psalm 135 Acts 2:14-47

BREAD				
Be Still	→ Read	— Encounter —	Apply	→ Devote

JUN 17 Psalm 136 Acts 3

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

JUN 18 Psalm 137 Acts 4:1-22

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

JUN 19 Psalm 138 Acts 4:23-37

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

JUN 20 Psalm 139 Acts 5:1-16

BREAD)			
Be Still —	→ Read	→ Encounter	→ Apply —	→ Devote

JUN 21 Psalm 140 Acts 5:17-42

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

JUN 22 Psalm 141 Acts 6

BREAD				
Be Still —	→ Read	→ Encounter	→ Apply -	→ Devote

JUN 23 Psalm 142 Acts 7:1-19

BREAD)			
Be Still —	→ Read	→ Encounter	→ Apply —	→ Devote

JUN 24 Psalm 143 Acts 7:20-43

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

JUN 25 Psalm 144 Acts 7:44-60

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

	B R E A D				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	—→ Encounter —	→ Apply —	→ Devote	

JUN 28 Psalm 146 Acts 9:1-22

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JUN 29 Psalm 147 Acts 9:23-43

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JUN 30 Psalm 148 Acts 10:1-24

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JUL 01 Psalm 149 Acts 10:25-48

BREAD				
Be Still ——	→ Read	—→ Encounter —	— → Apply —	→ Devote

JUL 02 Psalm 150 Acts 11

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUL 03 Psalm 1 Acts 12

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote



BREAD $\textit{Be Still} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Read} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Encounter} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Apply} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Devote}$

JUL 05 Psalm 3 Acts 13:13-52

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JUL 06 Psalm 4 Acts 14

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JUL 07 Psalm 5 Acts 15:1-21

BREAD				
Be Still —	→ Read -	→ Encounter	— Apply —	→ Devote

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUL 09 Psalm 7 Acts 16:1-15

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

JUL 10 Psalm 8 Acts 16:16-40

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUL 11 Psalm 9 Acts 17:1-15

BREAD				
Be Still ——	→ Read —	— Encounter —	→ Apply -	→ Devote

JUL 12 Psalm 10 Acts 17:16-34

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

JUL 13 Psalm 11 Acts 18

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

JUL 14 Psalm 12 Acts 19:1-20

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUL 15 Psalm 13 Acts 19:21-41

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUL 16 Psalm 14 Acts 20:1-16

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

JUL 17 Psalm 15 Acts 20:17-38

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

JUL 18 Psalm 16 Acts 21:1-16

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

JUL 19 Psalm 17 Acts 21:17-40

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

JUL 20 Psalm 18:1-24 Acts 22

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote

JUL 22 Psalm 19 Acts 23:12-35

BREAD				
Be Still	→ Read	→ Encounter -	→ Apply -	→ Devote

JUL 23 Psalm 20 Acts 24

BREAD				
Be Still —	→ Read	— Encounter —	Apply	→ Devote

JUL 24 Psalm 21 Acts 25

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

JUL 25 Psalm 22:1-11 Acts 26

BREAD				
Be Still —	→ Read	—→ Encounter —	Apply	→ Devote

BREAD				
Be Still	Read	Encounter —	· Apply	Devote

JUL 27 Psalm 23 Acts 27:27-44

BREAD)			
Be Still —	→ Read	→ Encounter	→ Apply —	→ Devote

JUL 28 Psalm 24 Acts 28:1-16

BREAD)			
Be Still —	→ Read	→ Encounter	→ Apply —	→ Devote

JUL 29 Psalm 25 Acts 28:17-31

BREAD				
Be Still	→ Read	→ Encounter -	→ Apply -	→ Devote



BREAD $\textit{Be Still} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Read} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Encounter} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Apply} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Devote}$

JUL 31 Psalm 27 Romans 2

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

AUG 01 Psalm 28 Romans 3

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

AUG 02 Psalm 29 Romans 4

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote



Be Still	→ Read -	→ Encounter	→ Apply —	→ Devote

BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

AUG 06 Psalm 32 Romans 7

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

AUG 09 Psalm 35 Romans 9

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

AUG 10 Psalm 36 Romans 10

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

	BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

AUG 14 Psalm 38 Romans 13

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

AUG 15 Psalm 39 Romans 14

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

AUG 18 Psalm 42 Romans 16

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote



В	R	Ε	Α	D
---	---	---	---	---

Be Still —	→ Read	→ Encounter	→ Apply -	→ Devote

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD				
Be Still ——	→ Read	—→ Encounter —	— → Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

AUG 28 Psalm 52 1 Corinthians 9

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

	BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

BREAD				
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	



ВR	Ε	Α	D
----	---	---	---

Be Still —	→ Read	→ Encounter	— → Apply —	→ Devote

SEP 10 Psalm 65 2 Corinthians 2

BREAD	•			
Be Still —	→ Read	— Encounter —	Apply	→ Devote

SEP 11 Psalm 66 2 Corinthians 3

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

SEP 12 Psalm 67 2 Corinthians 4

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

	BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

SEP 17 Psalm 70 2 Corinthians 9

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply —	→ Devote

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

	BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

BREAD				
Be Still ——	→ Read —	→ Encounter	→ Apply —	→ Devote



BREAD			E39-29E	
Be Still ——	→ Read	→ Encounter	→ Apply —	→ Devote

SEP 24 Psalm 77 Galatians 2

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

SEP 25 Psalm 78:1-8 Galatians 3

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

SEP 28 Psalm 79 Galatians 6

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote



BREAD				
Be Still ——	→ Read —	— Encounter —	→ Apply -	→ Devote

SEP 30 Psalm 81 Ephesians 2

BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote

OCT 01 Psalm 82 Ephesians 3

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

OCT 02 Psalm 83 Ephesians 4

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

OCT 03 Psalm 84 Ephesians 5

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

OCT 04 Psalm 85 Ephesians 6

BREAD				
Be Still —	→ Read -	→ Encounter	— Apply —	→ Devote



BREAD

Be Still —	→ Read	Encounter	→ Apply -	→ Devote

BREAD				
Be Still —	—→ Read —	— Encounter —	→ Apply —	→ Devote

BREAD				
Be Still —	→ Read	→ Encounter	→ Apply —	→ Devote

BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote



BREAD $\textit{Be Still} \hspace{0.2in} \longrightarrow \hspace{0.2in} \textit{Read} \hspace{0.2in} \longrightarrow \hspace{0.2in} \textit{Encounter} \hspace{0.2in} \longrightarrow \hspace{0.2in} \textit{Apply} \hspace{0.2in} \longrightarrow \hspace{0.2in} \textit{Devote}$

OCT 10 Psalm 90 Colossians 2

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

OCT 11 Psalm 91 Colossians 3

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

OCT 12 Psalm 92 Colossians 4

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	



BREAD				
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

BREAD				
Be Still	Read	Encounter	Apply	Devote

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

BREAD				
Be Still	Read	Encounter	Apply	Devote

BREAD				
Be Still —	— Read —	→ Encounter	— Apply —	→ Devote



BREAD

BREAD			
Be Still —	→ Read	Encounter	 → Devote

BREAD				
Be Still —	— Read —	→ Encounter	— Apply —	→ Devote



В	R	Ε	Α	D
---	---	---	---	---

Be Still —	→ Read	Encounter	— Apply —	→ Devote

OCT 22 Psalm 102 1 Timothy 2

BREAD				
Be Still —	→ Read -	→ Encounter	— Apply —	→ Devote

OCT 23 Psalm 103 1 Timothy 3

BREAD)			
Be Still —	→ Read	— Encounter —	→ Apply —	→ Devote

OCT 24 Psalm 104 1 Timothy 4

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

OCT 25 Psalm 105 1 Timothy 5

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote



BREAD				E1.444*; E1
	→ Read —	→ Encounter	—→ Apply —	→ Devote

OCT 28 Psalm 107 2 Timothy 2

BREAD				
Be Still —	→ Read -	→ Encounter	— Apply —	→ Devote

OCT 29 Psalm 108 2 Timothy 3

BREAD				
Be Still —	→ Read -	→ Encounter	— Apply —	→ Devote

OCT 30 Psalm 109 2 Timothy 4

BREAD				
Be Still ——	→ Read —	— Encounter —	→ Apply -	→ Devote

OCT 31 Psalm 110 Titus 1



BREAD				
Be Still —	→ Read	—→ Encounter —	→ Apply —	→ Devote

NOV 01 Psalm 111 Titus 2

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

NOV 02 Psalm 112 Titus 3

BREAD	•			
Be Still —	→ Read	— Encounter —	Apply	→ Devote



BREAD $\textit{Be Still} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Read} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Encounter} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Apply} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Devote}$



BREAD				
	→ Read	—→ Encounter —	—→ Apply —	→ Devote

NOV 05 Psalm 115 Hebrews 2

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

NOV 06 Psalm 116 Hebrews 3

BREAD	1			
Be Still —	→ Read	—→ Encounter —	→ Apply -	→ Devote

NOV 07 Psalm 117 Hebrews 4

BREAD)			
Be Still —	→ Read	→ Encounter	→ Apply —	→ Devote

NOV 08 Psalm 118 Hebrews 5

BREAD	•			
Be Still —	→ Read	— Encounter —	Apply	→ Devote

BREAD				
Be Still ——	→ Read —	→ Encounter	→ Apply -	→ Devote

BREAD				
Be Still	→ Read	— Encounter —	Apply	→ Devote

→ Read ——	→ Encounter —	—→ Apply —	—→ Devote
<u> </u>			

BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote

Re Still	→ Read	→ Encounter -	→ Apply -	→ Devote
DC Otili	ricad	Liteodifici	Прріу	Devote

BREAD				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote

Re Still	→ Read	→ Encounter -	→ Apply -	→ Devote
DC Otili	ricad	Liteoaritei	Пррту	Devote

B R E A D				
Be Still —	→ Read	— Encounter —	→ Apply -	→ Devote

	B R E A D				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

Re Still	→ Read	→ Encounter	→ Annly -	
DC Ottil	ricad	Liteouritei	Арріу	Devote



Be Still —	→ Read	Encounter	→ Apply -	→ Devote

	B R E A D				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

	B R E A D				
Be Still	→ Read	→ Encounter	→ Apply -	→ Devote	

Re Still	→ Read	→ Encounter	→ Apply -	→ Devote
DC Otili	ricad	LITCOUTTO	Αρριγ	Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	



BREAD)			
Be Still —	→ Read	Encounter -	——— Apply —	→ Devote

BREAD				
Be Still	→ Read	— Encounter —	→ Apply -	→ Devote

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

BREAD				
Be Still —	→ Read	— Encounter —	→ Apply -	→ Devote

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	



BREAD)			
Be Still —	→ Read	Encounter -	——— Apply —	→ Devote

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

DEC 01 Psalm 120 2 Peter 3

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

DEC 02 Psalm 121 1 John 1



BREAD $\textit{Be Still} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Read} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Encounter} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Apply} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Devote}$

DEC 03 Psalm 122 1 John 2

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

DEC 04 Psalm 123 1 John 3

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

DEC 05 Psalm 124 1 John 4

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

DEC 06 Psalm 125 1 John 5

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

DEC 07 Psalm 126 2 John 1

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

DEC 08 Psalm 127 3 John 1

BREAD)			
Be Still —	→ Read	— Encounter —	— → Apply —	→ Devote

DEC 09 Psalm 128 Jude 1



BREAD				ER CARAGE
Be Still ——	→ Read ——	→ Encounter —	→ Apply -	→ Devote



BREAD $\textit{Be Still} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Read} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Encounter} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Apply} \hspace{0.5cm} \longrightarrow \hspace{0.5cm} \textit{Devote}$

DEC 11 Psalm 130 Revelation 2

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

DEC 12 Psalm 131 Revelation 3

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

DEC 13 Psalm 132 Revelation 4

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

DEC 14 Psalm 133 Revelation 5

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

DEC 15 Psalm 134 Revelation 6

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

DEC 16 Psalm 135 Revelation 7

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

DEC 17 Psalm 136 Revelation 8

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

DEC 18 Psalm 137 Revelation 9

BREAD				
Be Still —	→ Read	— Encounter —	—— Apply —	→ Devote

DEC 19 Psalm 138 Revelation 10

Be Still	> Read	→ Encounter —	→ Apply -	→ Devote
			1-1-5	

DEC 20 Psalm 139 Revelation 11

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	



DEC 22 Psalm 141 Revelation 13

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

DEC 23 Psalm 142 Revelation 14

BREAD	BREAD				
Be Still —	→ Read -	→ Encounter	→ Apply —	→ Devote	

BREAD	BREAD				
Be Still —	→ Read -	—→ Encounter —	→ Apply —	→ Devote	

DEC 25 Psalm 144 Revelation 16

BREAD				
Be Still	→ Read	→ Encounter —	→ Apply -	→ Devote

DEC 26 Psalm 145 Revelation 17

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

BREAD					
Be Still —	→ Read -	—→ Encounter —	→ Apply —	→ Devote	

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

Be Still	> Read	— Encounter —	→ Apply -	→ Devote
			- 4-19	

Be Still	Read	→ Encounter	→ Apply -	→ Devote
			,,,,	

BREAD					
Be Still —	→ Read -	—→ Encounter —	→ Apply —	→ Devote	