

# 28 days of prayer & fasting

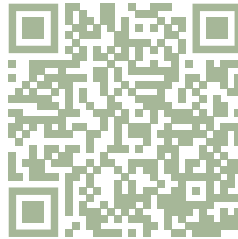
May Jesus teach you to  
pray – to commune and  
communicate with our  
Father – and lead you  
into a deeper life of  
union with the Spirit



# HOW TO PRAY

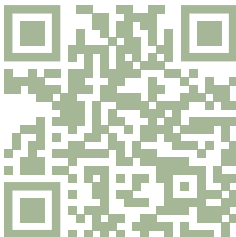
1. FIND YOUR “THIN PLACE” - YOUR DESIGNATED PLACE TO MEET WITH GOD. (MARK 1:35)
2. KEEP IT SIMPLE. (MATTHEW 6:7-8)
3. KEEP IT REAL. PRAY WHAT YOU’VE GOT. (LUKE 18:10-13)
4. KEEP IT UP. (LUKE 18:1)

**ADDITIONAL  
PRAYER  
RESOURCES**



## THE DIGITAL FAST

*THE JOY OF MISSING OUT*



**JOIN US AS WE  
DO LESS, MORE  
INTENTIONALLY**

## MONDAY | GENERATIONS

### ETHOS KIDS

God we pray that the kids of Ethos will grow close to you and know you personally.

*"Pray that you're filled with the knowledge of His will and have a walk fully pleasing Him."*

**COLOSSIANS 1:9-10**

### ETHOS YTH

God, we pray for students to embrace their identity in Jesus and their ability to impact their friends with the Gospel.

*"Don't let anyone think less of you because you are young. Be an example to all believers in what you say, in the way you love, in your love, your faith and your purity."*

**1 TIMOTHY 4:12**

### ETHOS YOUNG ADULTS

God, we pray that young adults would remain committed to their faith in Jesus and follow Him closely in community.

*"Then Christ will make His home in your heart as you trust in Him. Your roots will grow down into God's love and keep you strong."*

**EPHESIANS 3:17**

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## TUESDAY | SPIRITUAL FORMATION

### LONG OBEDIENCE IN THE SAME DIRECTION

God, we pray that you would strengthen us and give us endurance and perseverance as we continue on this lifelong journey of being with Jesus, becoming like Jesus, and doing what Jesus did.

*"So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessings if we don't give up."*

**GALATIANS 6:9**

### SPIRITUAL NEXT STEPS - BAPTISMS + ALPHA + PRACTICING THE WAY

God, we pray that those who have made the decision to follow Jesus would be led to be water baptized. We pray that Alpha would be a place where non-believers, skeptics, and those curious about the Christian faith would feel safe to come and explore who Jesus is. And we pray that the Practicing The Way Courses would lead us in deepening our apprenticeship to Jesus.

## **ETHOS PRAYER**

God, we ask that you would place on our hearts a burning biblical conviction to pray. We pray that Columbus would be changed as a result of us interceding together at our Ethos Prayer Gatherings. We pray that during our Sunday Gatherings, people would respond to your Holy Spirit and that we would see bodies healed, hearts surrendered, families restored, and chains broken.

*“Devote yourselves to prayer with an alert mind and a thankful heart.”*

**COLOSSIANS 4:2**

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## **WEDNESDAY | JUSTICE & OUTREACH**

### **FOOD PANTRY**

God, we pray that our food pantry would continue to be a resource that helps families in need in our community. That those in need, who are unaware of this resource, would be made aware

*He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God.“*

**MICAH 6:8**

### **GLOBAL MISSIONS**

God, we pray over our partners in El Salvador, India, and South Africa. We pray for our teams who will be heading to El Salvador this summer. That the love of Jesus would be made known in the communities that our team will serve. That the people of Ethos would take action; being generous with our time, energy and resources.

### **LOCAL OUTREACH**

God, we pray that you would continue to lead us in being your hands and feet right here in our backyard. Make a difference in Columbus through us as we practice generosity, engage in servant leadership, and partner with local organizations.

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## **THURSDAY | THE PEOPLE OF ETHOS**

### **GROWING IN LOVE**

God, we know that that love is the measure of spiritual maturity and so we ask that you would grow us in loving all people in Jesus' name

*“Let’s not just talk about love, let’s practice real love. This is the only way we’ll know we’re truly living in God’s reality.”*

**1 JOHN 3:18**

## RELATIONAL UNITY

God, we pray that you would lead us in fighting for unity in our relationships, especially when it can feel much easier to live divided. We pray for relational health in the friendships, marriages, and families in our Ethos family.

*"May they experience such perfect unity that the world will know that you sent me and that you love them as much as you love me."*

JOHN 17:23

## INCREASED FAITH + HUNGER FOR GOD

God, we pray that you would increase our expectations and beliefs in what you want to do in and through our lives. We ask that you would deepen our reliance on the Holy Spirit to guide and lead us.

*"Now to Him who is able to do immeasurably more than all we ask or imagine according to His power that is at work within us."*

EPHESIANS 3:20

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# FRIDAY | MINISTRY OF HOSPITALITY

## ETHOS + CO CAFE

God, we pray that you would lead us in being a good neighbor through Ethos + Co. We ask that Ethos + Co. and the Cafe events would be spaces where friends can gather and experience community. That people no matter their faith background may feel welcomed and experience the love of God through the people of God.

## ETHOS CARE CENTER

God, we pray that you would expand our network of care and services to further meet the practical needs in our city through the development of our Ethos Care Center

*"The Spirit of the Lord is on me, because He has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind to set the oppressed free, to proclaim the year of the Lord's favor."*

LUKE 4:18-19

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# SATURDAY | SALVATIONS/SUNDAYS

## SALVATIONS

God, we pray for those who do not know Jesus, to come to know Him personally

*"For it is by believing in your heart that you are made right with God and it is by openly declaring your faith that you are saved."*

ROMANS 10:10

**PRAY ABOUT WHERE TO SIT**

God, we ask that you would guide us and use our seat selection to bring people into community and share the love of Jesus with whoever may sit next to us.

**SUNDAY GATHERINGS**

God, we pray for every person in each gathering to encounter Jesus through the power of God's word, life giving worship, and encouragement of gathering together in community.

*"Worship the Lord with gladness; come before Him with joyful songs. Know that the Lord is God. It is He who made us and we are His: we are His people, the sheep of His pasture."*

**PSALM 100:2-3**

**SUNDAY | COMMUNITY/LIFE  
TOGETHER AS FAMILY**

**ETHOS COMMUNITIES**

God, we pray over those that have committed to a year of intentional spiritual formation through Ethos Communities. We pray that as they gather around the table, that you would build biblical family and lead them in experiencing authentic change.

**ETHOS SOCIALS AND ONGOING SMALL GROUPS**

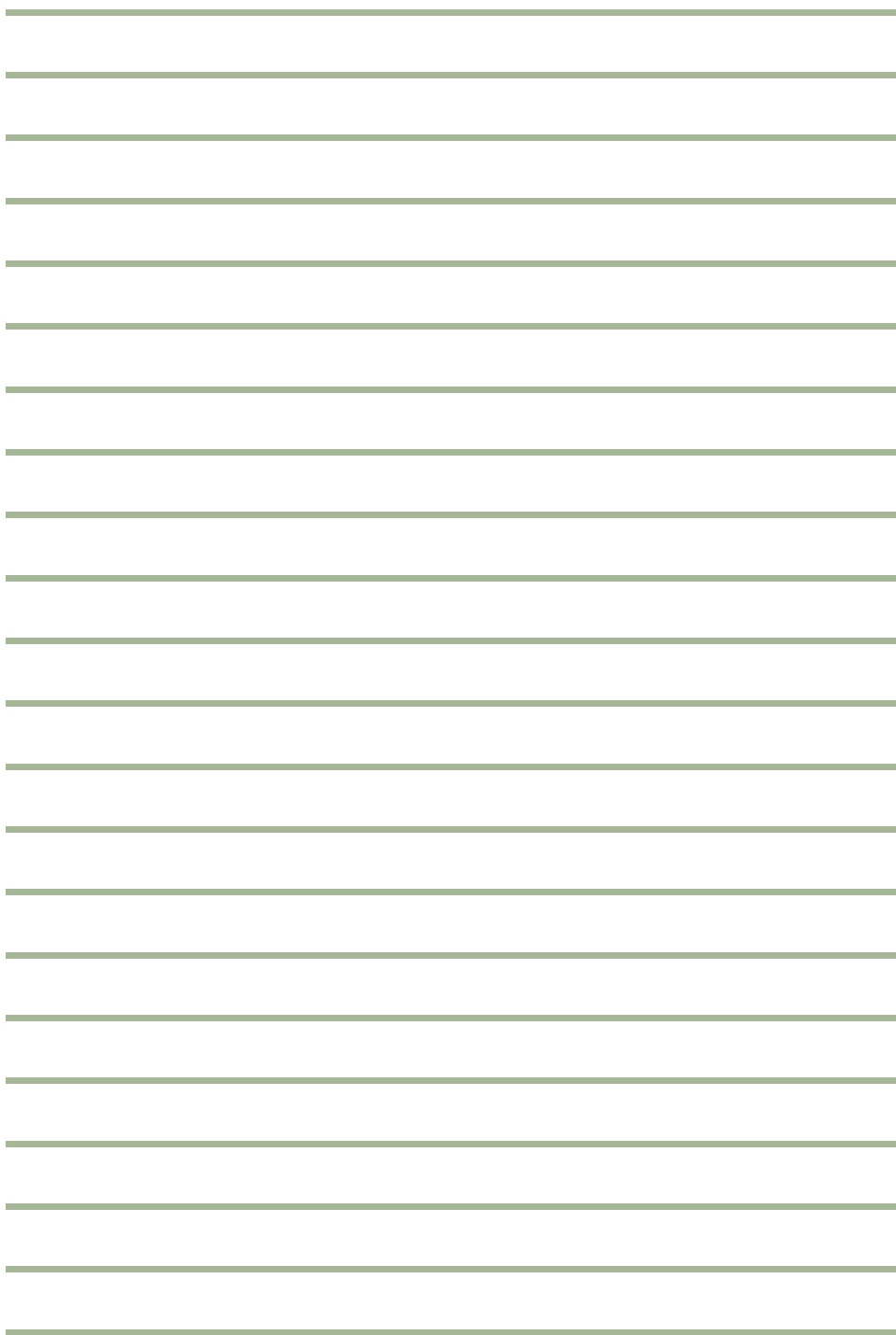
God, we ask that Ethos Socials and our ongoing small groups would be spaces for people to engage relationally, to feel seen, heard, and valued, and ultimately, to find family.

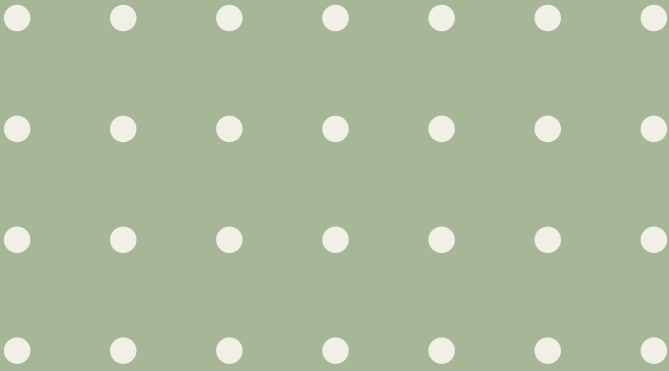
*"God places the lonely in families; he sets the prisoners free and gives them joy."*

**PSALM 68:6**

**SERVANT LEADERSHIP**

God, we pray that the people of Ethos would exercise the gifts that God has placed inside of them to serve the church through servant leadership. That our servant leadership teams would be defined by joy and a non-anxious presence.





[ethosoh.com/28Days](https://ethosoh.com/28Days)